

Red petals and green leaves are blended together to create this simple but magnificent herbal tea. Hibiscus Mint is made of only three ingredients, but these powerhouses of flavor can carry their weight! The lightness and freshness of mint produces a feeling of freedom, while the floral notes of hibiscus blossoms are soothing and relaxing. Sip it slowly or drink it quickly, this tea feels fantastic!

Hibiscus sabdariffa is a member of the mallow family that is native to Africa, where it is sometimes called carcade. Known for its large, colorful blooms, the plant is cultivated elsewhere as an ornamental. Depending on location, the plant may be an annual or perennial.